

UPDATES

Pearsons Road, 'Beech Grove'

In response to the current economic climate and the impact on the construction industry and property market, RSL Care is reviewing its programme of development work for Retirement Communities.

An outcome of this review is a delayed commencement date for construction of 'Beech Grove' Retirement Community at Cooroy, with no construction to commence until post July 2011. The decision to delay construction was made to ensure environmental factors remain robust to best support our business and our customers.

RSL Care remains committed to providing aged care services and retirement living options to the ex service and general community of Cooroy and the Sunshine Coast Hinterlands area. The Development Application for the master plan has been lodged with Council and we are currently waiting for approval to be given.

Beech Grove Retirement Community is master planned to include 120 bed residential aged care places and 179 independent living villas.

RSL Care

The Barry Heard Interview

Barry Heard the author of *Well Done, Those Men* and *The View from Connor's Hill* will be interviewed by ABC's Richard Fidler. Barry a Vietnam veteran describes in the books his life before, during and after Vietnam and the traumatic experiences he went through. 'In Conversation' will be at the Butter Factory on Saturday 01 August, 1.00 – 2.00pm. Tickets \$20, call 5472 0107 to book.

Treasurers Trivia

As incredible as it sounds, men and women in England once took baths only twice a year (May and October). Women kept their hair covered, while men shaved their heads (because of lice and bugs) and wore wigs. Wealthy men could afford good wigs made from wool. They couldn't wash the wigs, so to clean them they would carve out a loaf of bread, put the wig in the shell, and bake it for 30 minutes. The heat would make the wig big and fluffy, hence the term 'big wig'. Today we often use the term 'here comes the Big Wig' because someone appears to be or is powerful and wealthy.

Barry Castledine

From the Welfare Officer

Please find enclosed the pamphlet Home Care – Supporting your independence.

Margaret Castledine

From the Membership Officer



Membership is still showing a good increase with 11 members/transfers since the last newsletter.

Become a member for life.

Avoid the hassle of paying annual RSL membership fees and apply to become a member of the RSL for life. As a Life Subscriber there is no risk of losing your continuity of membership even if you transfer to another Sub Branch in QLD. As for our mature veterans who have not applied for the RSL Special Membership status and have reached the age of 80 and have a minimum of 10 years continuity of service as a member of the RSL in QLD, you may like to consider applying for this special membership.

The benefit of the special membership status is that you will gain free membership for life whilst continuing to receive all of the normal benefits. If you have any queries regarding the special membership status or the member for life, please contact me on 5474 3796.

Medal Mounting

Prestige Medals are offering discounted services to the Cooroy Pomona Sub Branch. For details contact John Simmons on 5485 5342.

Email us at
subbranch@
cooroyrsl.com.au

COOROY POMONA RSL SUB BRANCH NEWSLETTER



COOROY POMONA RSL

August 2009

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Presidents Message

It's hard to believe we are already over half way through the year and so much has occurred.

Our Widow's luncheon just passed was again another success with about 19 widows attending all of them grateful to the Sub Branch for its acknowledgement and consideration. My thanks to John Simmons for his organisation and the Sub Branch members and partners who attended as hosts.

Please try and support our upcoming WW2 and Korean luncheon, especially as some of these veterans are getting on in years, I believe that we should be honouring them

while we can.

It was good to see our Federal M P Warren Truss use our Club on Thursday 09 July to present medals to some of our Sub Branch Members and veterans from Tewantin, Gympie and Nambour.

Our new foyer display cabinets should be installed in the next 6 – 8 weeks so make sure that you pop-in and see it for yourself.

Remember that we welcome your attendance at all commemorative services, with the next one being the Vietnam Veterans' Day. You do not have to have been a Vietnam Vet to attend.

Ken Morgan

Australian National Flag Day 2009

Australian National Flag Day is on Thursday 03 September 2009. Many institutions, especially schools, conduct a flag raising ceremony to celebrate this day.

Quite a number of us fly our own flags, below is a Flag Day Promise you may wish to use when raising your flag on that day:
"I promise allegiance to Australia and our flag of 'Stars and Crosses', to serve my country and all its people faithfully, and to uphold Australia's laws, values and traditions"

Sub Branch Committee

President
Deputy President/Pensions Officer
Vice President/Membership Officer
Secretary
Treasurer
Welfare Officer
Hospital Visitor/Asst. Treasurer
Property Officer
Commemorations Officer
Library Officer

Ken Morgan
John Simmons
Malcolm Muir
Phil Hutchinson
Barry Castledine
Margaret Castledine
John Diprose
Vern Johnston
Eric Cull
Jim Dunstan

"The only true wisdom is in knowing you know nothing."

Socrates

Visit us at
www.cooroyrsl.com.au

From the Women's Auxiliary



The Women's Auxiliary has been busy over the past months with raffles, craft days, lunches and a stall, as well as the introduction of Bingo (see below) to keep everyone out of trouble! We are raffling a beautifully crafted umbrella stand donated by Barry Castledine, tickets are available until the end of July at the RSL Club on Thursday evenings.

Anyone wishing to join a group of happy fun loving ladies, who help to raise money for the welfare activities of the Sub Branch, and make some new friends please contact Lyn Morgan on 5485 1025.
Lyn Morgan

BINGO

Every Thursday commencing August 6 at the RSL. Cash Prizes, Jackpot Game, Good fun! Eyes Down 9am.

All enquiries please call either Lyn or RSL Reception

Calendar for the Remainder of the Year

Monthly Meetings	Second Monday month 5pm
Women's Auxiliary Monthly Meetings	Second Monday month 1pm
Vietnam Veterans' / Long Tan Day	Tuesday 18 August
Lunch for WW2 and Korean Veterans	Saturday 05 September
Sub-Branch Annual Dinner	Saturday 10 October
Remembrance Day	Wednesday 11 November
Annual General Meeting	Sunday 14 February 2009

VIETNAM VETERANS/LONG TAN DAY

Tuesday 18 August

We will be holding a service at the Cooroy RSL Memorial Park, commencing at 10.30am. This will be followed back at the Club with Drinks and a luncheon. All members, wives/partners and guests are welcome to attend. The cost will be \$30 per head and bookings, together with payment, may be made at reception in the Club. A seating plan will be provided on the day. RSPV by Thursday 13 August.

BOOKINGS ARE ESSENTIAL – CALL 5447 6131

LUNCH FOR WW2 AND KOREAN VETERANS'

Tuesday 18 August

The annual lunch for WW2 and Korean veterans' will be held in the Club on Saturday 05 September commencing at 12.00. The Sub Branch will be hosting this lunch for WW2 and Korean veterans' but all veterans' are encouraged to attend and support our comrades.

BOOKINGS ARE ESSENTIAL – CALL 5447 6131



From the Pensions Officer

East Timor Solidarity Medal (*Medalha Solidariedade de Timor-Leste*)

The East Timorese Solidarity Medal was introduced by the President of East Timor in recognition of the forces involved in the contribution to stability and peace operations in East Timor. The commencement date is 06 May 2006 and qualification for the medal is: Having served a minimum of 180 days continuous or accrued service in East Timor from 01 May 2006; or Nominations will be considered for personnel that have served a minimum of 120 days from 01 May 2006; or Nominations will be considered for personnel who have served with a start date in May or June 2006 for a period of at least 90 days; or The President of the Republic may consider extra-ordinary cases outside the above time periods. Applications for extra-ordinary cases must be approved and submitted through the Department of Defence in Canberra, to be considered and approved by the President of the Republic.

Eligible Defence personnel who may be approved for unrestricted acceptance and wearing of the medal are ADF personnel assigned for service as part of the ADF contribution in East Timor and Defence civilians serving in East Timor under the auspices of the Defence Force Discipline Act.

John Simmons



From the Hospital Visitor

The volume of DVA patients being directed through the Eden Health care Centre has not diminished these past few months and visiting these folk has accounted for most of my time, however there have been visits paid to several of our members who have needed hospitalisation at Noosa, Nambour and Buderim. It's good to see both Barrie and Margaret on the recovery road after their illnesses. A number of patients have needed assistance with small tasks whilst they were confined and I was able to oblige with these outside of hospital.

Malcolm Muir has made several visits to a number of our members who are now residents at Kabara Aged Care facility and Don Scott has contacted Caramar Aged Care facility to establish if we have any members there. He was also able to help with a couple of home visits.

I find it quite common that veterans and widows of veterans who hold gold cards are often reluctant to ask DVA for assistance and I would encourage these folk not to be backward at all, you will be amazed at the help that is available. If you are unsure then a good course of action is to discuss the issue with your G.P. who will give you guidance and make recommendations to DVA. Don't forget that we have Welfare Officers at our Sub Branch too, who are able to guide you through these situations. Several people have told me recently of veterans who have been hospitalised and were in need of a visit and I have been able to respond. It's pleasing to see that the message is getting through that if you are aware of any of our members who would like a visit whilst in hospital then let me know either through a message left at the RSL reception or contact me direct on 5447 9355.

John Diprose

WELFARE OFFICER WANTED

Unfortunately our Welfare Officer, Margaret Castledine, has resigned due to ill health. Thank you for your tremendous work Margaret.

We are looking for a volunteer to undertake formal training as a welfare officer and to take up the position until our AGM in February next year and hopefully beyond that. The next local welfare training is available in early August. If you are interested please contact John Simmons or Ken Morgan.